

Hairapy: Deeper than the Roots By Michael Blomsterberg

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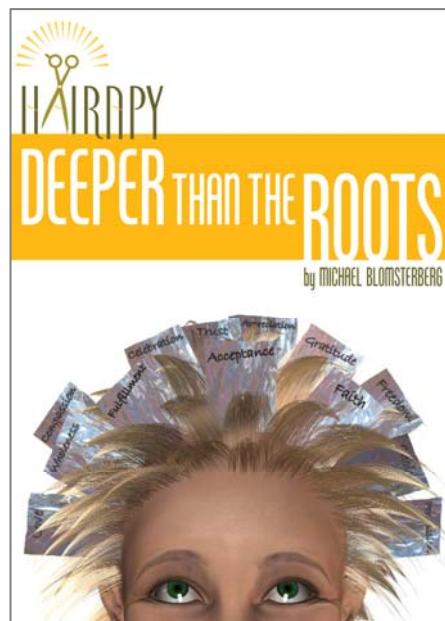
Do you try to fill your emptiness with endless activity, retail therapy, and mild (or even serious) addictions?

Do you feel limited by the traumatic experiences of your past?

Hairapy: Deeper than the Roots is a book that empowers you to change your life. Michael Blomsterberg has consolidated over two decades of hairapy experience into compassionate, enjoyable essays full of provocative questions and humorous perspective. This wise and insightful book will fill the toolbox in your mind with useful ideas, connect you at a heart-level to your authentic self, and create limitless possibilities for who you know yourself to be.

Hairapy: Deeper than the Roots emphasizes a process of discovery, acceptance, appreciation, and most importantly, feeling. With access to all of our feelings we have choice, mobility, and a context in which achievement happens naturally.

Take a little of the magic of the salon with you wherever you go—and inspire others through your own courageous example.



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